

School Health & Wellbeing Service



Empowering Schools to Deliver Outstanding PSHE & RSHE

Delivered in partnership with Health & Wellbeing in Schools Ltd, a specialist PSHE/RSHE education consultancy business, the S4S School Health & Wellbeing Service offers a broad range of high-quality support around health and wellbeing practice in schools, particularly in relation to PSHE/RSHE education and Personal Development & Wellbeing.

The S4S School Health & Wellbeing Service provides additional capacity and expertise to empower and drive your school's delivery of best practice in PSHE education and whole-school approaches to promoting pupil health and wellbeing, especially around priorities such as statutory Relationships, Sex & Health Education (RSHE). This is achieved through a combination of specialist advice, curriculum support and professional development, all tailored to suit your specific needs.

Key Features & Benefits:

Specialist support from a dedicated, experienced advisor.

High-quality advice and consultancy support for SLT, governors, subject lead and teachers.

Guidance on effective PSHE/RSHE planning, curriculum resources, delivery, and subject coordination.

Compliance with updated DfE 2025 statutory RSHE requirements.

High-quality professional development opportunities to improve staff knowledge and confidence in delivery.

Policy review and development (e.g., RSE, Anti-bullying, Drug Education).

Parent/community consultation and engagement workshops.

Access to half-termly e-bulletins and subject lead network meetings.

Schools that are interested in purchasing support from this service can access a free, no obligation consultation to discuss requirements and determine a bespoke support package.

SERVICE OFFER

Our packages provide full and flexible access to consultancy, curriculum support, and professional development. Options include audits, policy reviews, bespoke training, and parent engagement events - all designed to meet your school's unique needs. Examples of support include:*

An audit of your school's PSHE/RSHE provision and support in creating an action plan for achieving improvement. This can be used to evidence meaningful contributions to the renewed Ofsted Education Inspection Framework, especially around Personal Development & Wellbeing

A PSHE curriculum review to ensure compliance with statutory curriculum requirements within RSHE

Curriculum development and signposting to appropriate resources to ensure best practice, and support in mapping these into your provision

Support to develop the role, effectiveness, and impact of the PSHE subject lead in school

An online training programme suitable for PSHE subject leads, teachers, governors, and other school staff

Inset/twilight training for staff and governors on PSHE/RSHE related themes

PSHE education-related policy review and development. E.g., RSE, Anti-bullying, PSHE, Drug Education, School Food etc.

Support with parent/community consultation, engagement and workshops on PSHE/RSHE related themes

Access to a half-termly S4S School Health & Wellbeing Service e-bulletin with relevant updates across PSHE related topics

Priority access to service events and training opportunities, including half-termly PSHE Network Meetings

* Further services and bespoke support around PSHE/RSHE related themes can be developed upon request

AVAILABLE SERVICE PACKAGES

Schools can purchase any of the following packages:

- **Virtual-Lite Service** (online only package)
- **Standard Service** (2 days access to any service element)
- **Standard-Plus Service** (3 days access to any service element)
- **Enhanced Service** (4 days access to any service element)
- **Enhanced-Plus Service** (6 days access to any service element)
- **Platinum Service** (8 days access to any service element)

Package	Days Included	Key Features	Ideal For
Virtual-Lite	Online only	Planning meetings, termly support meetings, priority training access	Schools needing training only with limited support needs
Standard	2 days	Full access to any service element	Schools needing limited or more focused support
Standard-Plus	3 days	Full access to any service element	Schools seeking broader coverage and support
Enhanced	4 days	Full access to any service element	Schools with greater needs seeking broader coverage and support
Enhanced-Plus	6 days	Full access to any service element	Schools with greater needs seeking in depth coverage and support
Platinum	8 days	Full access to any service element	Schools with greater/complex needs seeking in depth coverage and support and/or MATs

All elements of support are also available on an **ad hoc basis**. To purchase support outside of a service package, please contact us to discuss your requirements.

N.B. Any use of the service is deducted from the relevant number of days/hours purchased. Please note that one day is classed as 7 hours. Within any package of support, physical visits into school will equate to a minimum of half a day of service use. Access to the service that does not require a visit into school or any preparatory work, for example policy review or a place at an online training course, will be deducted at an appropriate hourly amount from the purchased package. All service work will be agreed in advance with schools and updates on usage will be provided upon request.

For more information about the support provided by the S4S School Health & Wellbeing Service, please contact us on 0333 772 1272, Option 2.



Services 4 Schools
Telephone: 0333 772 1272
E-mail: info@services4schools.org.uk
Website: www.services4schools.org.uk