



School Health & Wellbeing Service

e-bulletin

ISSUE 9 NOVEMBER 2019

Welcome back to the second part of Autumn term 2019 – not long to go until Christmas! As those shopping days dwindle down towards the big day, we hope that this edition of the service e-bulletin will fill you with festive spirit and give you some useful updates around the world of PSHE education. As regular readers will know, the aim of these bulletins is to give colleagues an overview on current issues around Personal, Social, Health and Economic education (PSHEe) and related topics. Hopefully you will find this latest edition as useful as ever.

We are keen to ensure that this bulletin gives colleagues what they need, so if you'd like to get in touch with any suggestions, or to share any positive stories, resources or best practise with others then please contact us.

Please note, the stories in this e-bulletin are sourced from a range of services including the PSHE Association, DfE, Sex Education Forum and others who focus on supporting the health and wellbeing of children across the spectrum of PSHEe.

What's inside?

- Service news
- PSHE education updates
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S4S School Health & Wellbeing Service

The S4S School Health & Wellbeing Service offers specialist, high-quality support around the health and wellbeing practise of schools, particularly in relation to Personal, Social, Health & Economic education (PSHEe). The service's main motivation is to empower and support your school's delivery of PSHEe and whole-school approaches to promoting pupil health and wellbeing. With curriculum changes on relationships, sex and health education (RSHE) kicking in from September 2020, we can help you to make sure you are compliant with the range of services that we offer.

The various elements of the service can be accessed either by a service level agreement support package or in an ad-hoc 'pay as you go' method. Packages of support run during the financial year but these can all be purchased and used at any point during the school year, so if you are not yet signed up to our service but find that you need support now, please get in touch and we will be happy to direct you to a package which can best meet your needs.

We are currently in the process of putting together our service offer to schools for next financial year, so if you have any feedback or would like to see us develop any new strands which would be useful for you, then please get in touch via info@services4schools.org.uk

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Personal, Social, Health, and Economic education updates

In this section we look at any interesting developments and news from across the PSHEe sector...

Parental Engagement on Relationships Education guidance from DfE

In October, the DfE sent out some updated guidance that they had put together with the National Association of Headteachers (NAHT), the National Governance Association (NGA) and the Association of School and College Leaders (ASCL) called **Parental Engagement on Relationships Education**.

Aimed at primary schools, the guidance document provides schools with information on what is expected in terms of parental engagement on the forthcoming introduction of Relationships Education. The document also provides advice, tips and case studies on effective parental engagement, where to go for help and the important role governors can play in this process.

Sections within the document include:

- **What must schools engage parents on?**
- **Why are schools required to engage parents?**
- **What do we mean by engagement on Relationships Education?**
- **Tips for parental engagement**

We would encourage all primary schools to read this document (and secondary too as it's a useful reference point). The School Health & Wellbeing Service can also offer support and capacity to schools around proactively engaging with parents – let us know if this is something you would like further information on.

Sex Education Forum launch new interactive audit tool

The Sex Education Forum (SEF) have just launched a new interactive digital tool designed to give a snapshot of RSE provision in schools. This could prove to be especially useful to schools who are looking to map their existing Relationships Education or RSE provision ahead of the statutory requirements for next year. As the SEF are the 'best practice' organisation around sex education, it will also allow schools to go much further in their provision for pupils to ensure they meet any specific needs in line with best practice.

The Excel tool enables schools to assess 'where we are now' at three points in time, to create an action plan and to track progress. It also comes with a dashboard to display progress and help easily monitor where you are.

The interactive tool includes:

- **Traffic light system to quickly 'RAG' rate RSE provision**
- **Mapped against whole-school approach**
- **Self-assess at three points over the year**
- **Generates an action plan**
- **Dashboard to display progress**

Although it is available free to SEF members, non-members can also purchase it for £59.99. As SEF membership is available from £49.50 per year, those keen mathematicians out there will have worked out that it's better value to just sign-up to the SEF for a year and get access to all the other SEF resources to support RSE development in schools.

To visit the SEF website [click here](#) and see what you think!

RSHE 'early adopters' roadshow – Birmingham

As mentioned in previous bulletins, the DfE is running an early adopter programme as part of its preparation and support for schools ahead of the changes to statutory curriculum requirements for Relationships, Sex and Health Education (RSHE). The DfE wants a strong reference group of schools to work with during this current academic year as support and training materials are prepared for full compulsory teaching.

As part of this work, early adopter schools were invited to the first of four regional conferences, held in Birmingham on 25th October. The DfE pitched this as an "exclusive opportunity to hear from subject experts, attend training workshops, network with other teachers, and engage with information about the subjects." We went along to find out if this was the case...

The day was well attended and structured with a variety of workshop options which were on a first come, first served basis. The morning session was based around networking and three keynote speeches from Richard Vaughan, Deputy Director, Life skills Division, Department for Education, Jonathan Baggaley CEO, PSHE Association and Claire Robson, Programme Manager, Public Health England.

These keynote speeches were then followed up with a lively panel-based Q & A with questions from the floor. It's fair to say that the DfE representative was pushed on several questions from school-based colleagues. These tended to focus on the need for some more specific guidance from DfE around topics like sex education content, LGBT, parental engagement and SEND. The response was pretty clear – the DfE feels that the current guidance document strikes a relative balance between all the competing voices which were heard via consultation on the new requirements. There is flexibility for schools to interpret and develop many elements to suit their pupils and school communities whilst also ensuring that content is inclusive and accessible to all pupils.

After a hearty lunch, the afternoon session gave delegates the opportunity to attend three workshops from a list. The ones we attended were of differing depth and value, but overall, they provided a useful update on some of the specific themes and common issues schools might be facing. A special mention to the presenters from Stonewall who put together an excellent session on delivering LGBT inclusive content in Relationships Education – well worth checking out their site and the resources and support available <https://www.stonewall.org.uk/supporting-schools>

The day ended with a quick round-up and thanks before we headed out into a damp Birmingham evening. Overall, it was a good opportunity for colleagues from early adopter schools to get together and share some good ideas and advice with each other, as well as hear from some of the national organisations involved in supporting the DfE getting things in order before we go live with the compulsory content from 2020.

If any early adopter schools would like to attend one of these roadshows, of the remaining three sessions taking place across the country this half-term there are only a few spaces left at the Bristol event on 22nd November.

Visit the following link for further information on the roadshows: <https://registration.livgroup.co.uk/rsheconferences2019/>

It would be remiss of us to not flag a relevant training session that we have coming up this half-term around the themes that were discussed at the roadshow! We have a couple of places left on our 'Getting Ready for Statutory Relationships Education' session for primary schools on 13th November. If you haven't yet started any meaningful work on getting ready for the changes to come, this will be very useful in getting into the finer detail, including content on parental engagement, policy and curriculum. If you are interested, please go to the training opportunities section at the end of the bulletin for more details on how to book a place. A similar session on RSE will run for Secondary phase schools next term.

Guidance from Parent Zone on Tik Tok video production app

Tik Tok: Everything you need to know is a useful read for staff and parents about this highly popular app used by young people. As schools prepare to deliver more on-line safety messages via the elements within both Relationships Education and Health Education, we thought that this guide might be a useful look. Parent Zone are a great source of information and support on a whole range of digital issues and topics – well worth sharing with parents and signposting to colleagues in school if you are not familiar with them.

NSPCC promoting healthy relationships guidance

The NSPCC has put together some excellent information for schools to use as part of their work in helping children to get an age appropriate understanding of healthy relationships. Organised via school phase age groups, the information includes curriculum guidance and signposting to useful resources and reference points. This will of course fit in really well for schools as part of their relationships education delivery content, but the guidance given takes a much wider approach to how we can better embed healthy relationships and the expectations of these in children.

To view this information for yourself, please visit the relevant section of the NSPCC website [here](#).

Training opportunities

As well as our regular centralised training programme, we can offer INSET or 'twilight' training opportunities to enable schools to deliver key learning points to wider groups of staff and/or governors. We can also develop bespoke sessions on PSHE-related themes if schools have additional topics they would like to address.

For this school year, we have developed a couple of new training sessions specifically for primary and secondary phase colleagues focussing on Relationships Education/RSE and Health Education. These build upon the previously popular cross-phase 'RSE: Updates and Preparing for Statutory Status' course and take more of a phase-specific 'deep-dive' into related themes.

Please get in touch with the S4S School Health & Wellbeing Service if you would like to make a booking or find out more about any training available to the school workforce.

Service Training Calendar: November – December 2019

These training sessions are open to all, regardless of whether your school is signed up to a service package or not, so please do come along to see what we do. Most of our sessions run at the Molineux in Wolverhampton, but we are always looking to move these around to ensure everyone can attend at a convenient location to them. If you would be interested in potentially hosting a training session at your school, then please get in touch!

Training session	Date/time
Getting Ready for Statutory Relationships Education Primary Schools (primary phase only) *LIMITED SPACES!*	Wednesday 13th November, 12.45pm – 4.30pm
Ofsted & PSHE: Making the Links *LIMITED SPACES!*	Wednesday 11th December 12.45pm – 4.30pm

Please note, courses will run subject to enough delegate numbers. To book your place on any of these training sessions offered by the service, please visit www.services4schools.org.uk/training and click on the 'Workforce Development' section.

We are always looking to develop new training sessions to meet the changing needs of schools, so if you have any suggestions or specific needs then please let us know.

CONTACT DETAILS

We would love to hear from you to talk to you about how we can help!

Contact us via:

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